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Air Cast FP and SP Walkers

The Aircast FP and SP Walkers are pneumatic walking braces with rocker soles. The walker contains air valves on either side of the calf or ankle (FP model – calf, SP model – ankle), which aids in keeping the foot and ankle immobilized as if you are wearing a cast. The rocker bottom sole allows in heel to toe walking, which aids in offloading the foot.

To put on the boot:

- Open all the straps on the boot
- Remove the plastic cover and open up the soft liner.
- Position your foot in the boot and make sure your heel is in contact with the back of the boot.
- Then close the calf/ankle liner and then the forefoot liner.
- Put the front cover in the center of the boot.
 - SP Walker:
 - The bottom of the cover is marked “air cast”
 - The top portion has 2 Velcro tabs on either side
 - To put the cover on, the tabs on the forefront should slide in on either side of the foot. The top portion will overlap the edges of the boot on either side of the leg where the Velcro tabs are located.
- Fasten the straps from bottom to top so it is snug.
- Then inflate the boot until it is snug on either side of the ankle



To inflate the boot:

- With the boot on, insert the inflate side of the blue air pump into the air valve on either side of the boot.
- Pump the blub until it feels snug against the ankle. Do this on both sides of the ankle. Make sure it is not too tight as to cut off circulation; you should still be able to wiggle your toes.

To take off the boot:

- Insert deflate side of the blue pump into the air valves on each side of the boot until all of the air is completely removed.
- Undo the straps and remove the plastic panel.
- Open the liner and remove your foot.

Important Tips:

- Always wear a tall sock or some type of protective barrier the height of the boot so it won't irritate the skin. Alternatively, tuck the pant leg inside the book and wear a shorter sock.
- If the walker is too tight, try deflating the air or loosening the straps.
- If the walker is too loose, try inflating the air valves more or fastening the straps tighter
- The amount of air you put into the boot may vary from day to day depending on condition
 - As swelling increases less air is needed, as swelling decreases more air is needed

WARNINGS



Never drive with the boot on

If you are flying with your boot, make sure you deflate all of the air out of it once in the airplane.

If you have any questions or concerns about your device please contact your East Coast Representative.*

**If you lose your air bulb, contact Aircast for a replacement: (800)-405-3251*