

# SpanLink © Pneumatic Cam Walker

## Patient Instructions

### To Put On the Pneumatic Cam Walker

- 1.** Open the boot liner without removing it from the boot.



- 2.** Place the boot flat on the floor and put your foot inside the boot. Make sure your heel is touching the back of the boot.



- 3.** Secure the boot lining to your leg by overlapping the lining on the top of your foot and at the front of your lower leg.



- 4.** Secure the remaining Velcro straps beginning with the straps closest to your toes.



## To control the air pressure inside the Pneumatic Cam Walker

- 1.** To put air inside the boot. Turn the valve clockwise to shut it then squeeze the grey bulb to pump air into the boot.
- 2.** To remove air from the boot. Turn the valve counterclockwise.



## To Take Off the Pneumatic Cam Walker:

- 1.** Open the boot liner by detaching all of the Velcro straps.
- 2.** Without removing the liner from the boot, take your foot out of the boot.



## Washing Instructions:

Wash the liner with mild soap and water and lay out to dry. **DO NOT** machine dry.