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Ultraflex AFO

Dynamic response orthoses are designed to increase muscle length for the growing child with spasticity. These orthoses may allow for an increase in the range of motion of the ankle which improves biomechanical function and stability of the knee and ankle during gait.

Directions

- The brace is to be worn at night and is not intended for walking
- Begin with wearing the braces for 2 hours on day one
 - Your practitioner will show you how to lock the brace in a position to make it easier for putting it on the patient.
- The braces need to be worn for 1 to 2 hours each day until the patient can tolerate the brace for a whole night of rest.
 - If the patient cannot tolerate wearing the brace for the whole night, the braces can be worn during the afternoon for a duration of at least 5 hours
- Once the patient is able to tolerate at least 5 hours a day of brace use, you can begin to count weeks of brace use.

Week One: The brace will have a beginning brace tension set by the practitioner. In most cases the tension begins at Level 3.

Each following week, the brace tension is to be increased by half an increment.

(i.e. Week 2: Brace tension should be set to level 3.5, Week 3: level 4, week 4: level 4.5 ..etc)

- The practitioner will instruct you on how to increase the tension of the braces at the initial appointment. A tool is provided to increase the tension on the braces.
- The maximum brace tension is level 7.

Week 3: Your follow up appointment with the Doctor should take place. Please make sure that the braces are brought to the follow up appointment in case there are any necessary adjustments.

IMPORTANT:

If there are any questions or concerns regarding your device please contact your practitioner immediately.

Special Instructions:
